

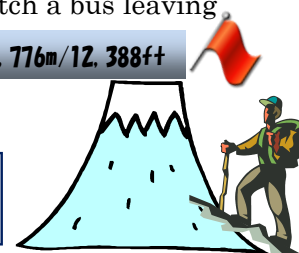
Mt. Fuji Climbing Info / Fujinomiya Route








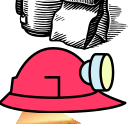






There are four climbing routes to Mt. Fuji and the Fujinomiya Route offers the shortest distance to the summit from its 5th station located at the altitude of 2,400m/7,874ft, the highest among the four. The climbing distance from the 5th station to the summit is approximately 5.0km, and the same trail is used for both ascending and descending. The average time required for ascent is about 4~7 hours and 2~3 hours for descent excluding the time for rest.

The official climbing season of Mt. Fuji is in July and August. The trail all the way up to the summit usually opens before middle of July. During the climbing season the bus to the 5th station operates frequently and the mountain huts and other facilities are open. The bus for the Fujinomiya route 5th station leaves either from JR Shin-Fuji station, Fujinomia station, or Mishima station. The most convenient way is to arrive at Shin-Fuji station by Shinkansen "Kodama", and catch a bus leaving right from the station. Shin-Fuji is only 70 min. away from Tokyo by Kodama.

3,776m/12,388ft



Mt. Fuji Climbing "Tips for what to wear and bring"

	Hiking backpack	One which fits to your back well with thick shoulder straps to lessen the fatigue/pain on your shoulders. A rain cover would be helpful.
	Footwear	Trekking boots or hiking shoes are preferable for safer and more comfortable climbing, or shoes with thick soles.
	Clothing	Weather changes quickly on the mountain. Wear clothes in layers to be able to regulate your body temperature easily depending on the weather and the time of the day. The temperature may get very high on a sunny day time as there's no shade, however it drops to 2~5°C or 35~41F at dawn.
	Rain gear	Bring separate type rain gear (top & bottom) as it rains not only from the sky but other directions due to the wind. The top can be worn as a windbreaker.
	Hat or cap	To protect the direct sunshine while climbing in the day time. It also keeps you warm during the night.
	Gloves	To protect your hands from getting injured & keep you warm during the night.
	Water, Sports drink & Food:	Bring a sufficient amount of water (1-2 L.), especially if you climb during the day when it gets very hot. Take some food for a quick energy supply.
	Headlamp/flashlight	Needed if you climb during the night time as the trails are dark and not lit.
	Cash/Small change	Payment in cash only on the mountain including bus tickets and lodging fee. You need to leave 200 yen tips for each use of the lavatory, so prepare some small changes as well. You can withdraw Japanese yen by your foreign issued credit cards at the Seven-11 ATM located inside the Shin-Fuji Station.
	Sunglasses, UV lotion, & others	Needed to protect your eyes and skin from the sun. Towels, Tissues, Walking sticks (sold at the entrance of the mountain)
	Available service at Shin-Fuji Station	Seven-11 ATM – Withdrawal of Japanese Yen by your credit cards Free Wi-Fi Connection – 60 min. free internet connection inside the station
	Cautions on the mountain	<ul style="list-style-type: none"> ● In order to avoid the mountain sickness, you should stay at the 5th station for a while to adjust yourself to the high altitude before you start climbing. ● Make sure to stay on the hiking trails to prevent causing falling rocks. ● Trash should be brought back with you when you descend.

Shin-Fuji Tourist Information Center located inside the JR Shin-Fuji station building.

Business Hours: 8:45~17:30 Daily (excl. year-end & new-year holidays)

Tel: (0545)-64-2430 or 3776

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