

Mt. Fuji “Fujinomiya Route” Climbing Guide 2016 富士山富士宮口登山ガイド

Climbing Season	<ul style="list-style-type: none"> ✓ The opening of Mt. Fuji climbing season was traditionally announced on the first day of July. However depending on conditions and weather, the approved climbing period for the three climbing routes in Shizuoka Prefecture (Fujinomiya, Subashiri, and Gotemba trails) is: from July 10 to September 10 for this year. ✓ During the climbing season, the bus to each 5th station operates frequently and the mountain huts and other facilities are open. 															
Weather	<ul style="list-style-type: none"> ✓ Weather on the mountain is extremely changeable. It suddenly changes from clear sky to thick fog, heavy rain, and strong winds. And the temperature drops so quickly in accordance with change of the weather. Be sure to take warm clothing and rain gear to be prepared for the bad weather and cold temperature. ✓ Every 100 meters you ascend, the temperature drops about 0.6 degree C. The average summer temperature at the 5th station is approx.15°C (59F) and 5°C (41F) at the summit. It drops even to around 0°C (32F) at dawn. ✓ Check the weather forecast before you climb and make yourself well prepared for the climb to the peak of Japan’s highest mountain, 3,776 m. (12,388 ft). 															
Four Climbing Routes to Mt. Fuji	<ul style="list-style-type: none"> ✓ There are four major climbing routes (three in Shizuoka Prefecture and one in Yamanashi). The guideposts on each trail are classified by color. <table border="1" data-bbox="435 987 1329 1272" style="margin: 10px auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">Route Name</th> <th style="padding: 5px;">Signpost Color</th> <th style="padding: 5px;">Prefecture</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px; background-color: #4a86e8; color: white;">Fujinomiya Route</td> <td style="padding: 5px; background-color: #4a86e8; color: white;">Blue</td> <td style="padding: 5px; background-color: #4a86e8; color: white;">Shizuoka</td> </tr> <tr> <td style="padding: 5px; background-color: #00b050; color: white;">Gotemba Route</td> <td style="padding: 5px; background-color: #00b050; color: white;">Green</td> <td style="padding: 5px; background-color: #00b050; color: white;">Shizuoka</td> </tr> <tr> <td style="padding: 5px; background-color: #ff0000; color: white;">Subashiri Route</td> <td style="padding: 5px; background-color: #ff0000; color: white;">Red</td> <td style="padding: 5px; background-color: #ff0000; color: white;">Shizuoka</td> </tr> <tr> <td style="padding: 5px; background-color: #ffff00; color: black;">Yoshida (Kawaguchiko) Route</td> <td style="padding: 5px; background-color: #ffff00; color: black;">Yellow</td> <td style="padding: 5px; background-color: #ffff00; color: black;">Yamanashi</td> </tr> </tbody> </table> ✓ Fujinomiya Route offers the shortest distance to the summit from its 5th Station located at the altitude of 2,400 m (7,874 ft), the highest among the four. The climbing distance from the 5th Station to the summit is approximately 5.0 Km, and the same trail is used for both ascending and descending. ✓ For the Fujinomiya Route, the average time required for ascent is about 4~7 hours and 2~3 hours for descent. It varies by personal pace, breaks, and the time of day as well. ✓ Climb at your own pace. You will get more tired if you try to keep up with others or take long breaks. Also do not plan a climb as part of a busy travel schedule. ✓ In order to prevent high-altitude sickness, we suggest you stay at the 5th station at least an hour or more before ascending to adjust your body to the high altitude. If you feel symptoms such as headaches, dizziness or nausea, the only cure is to descend the mountain. ✓ Stick to the designated climbing trail for safety for yourself and others. Be extremely careful not to stray off the trail as it may cause falling rocks which could result in injuries to other hikers. ✓ If the weather becomes rough or stormy take refuge in the nearest mountain hut. ✓ If you hike at night take a flashlight along with you. ✓ From the summit, there are three descending trails: Fujinomiya, Gotemba, and Subashiri/Yoshida (combined) routes. 	Route Name	Signpost Color	Prefecture	Fujinomiya Route	Blue	Shizuoka	Gotemba Route	Green	Shizuoka	Subashiri Route	Red	Shizuoka	Yoshida (Kawaguchiko) Route	Yellow	Yamanashi
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	<ul style="list-style-type: none"> ◇ For the Fujinomiya trail, the same trail is used for both ascending and descending. ◇ The Gotemba descending trail has a big sand slide. The Subashiri trail has one too. ◇ The Yoshida Trail and Subashiri Trail share the same route down the mountain on the descent from the summit to the 8th station. Descent route confusion is notorious at Shita-Edoya junction, about 10 min. descent from the 8th station. Many people miss the place where the Yoshida trail and the Subashiri trail diverge. Take caution and check the signposts carefully at the Shita-Edoya junction.
Lavatories	<ul style="list-style-type: none"> ✓ The lavatories on the mountain are environment-friendly bio-toilets. Do not dispose any garbage or rubbish in the toilets. ✓ A 200 yen fee is required for every use of the toilet. Please bring some changes.
Mountain Huts	<ul style="list-style-type: none"> ✓ You cannot pitch a tent on the mountain. ✓ It is extremely dangerous to sleep outside. Use the mountain huts for sleep overnight. Reservation is required especially during the peak climbing season. ✓ Traveler's checks and credit cards are NOT accepted at the mountain huts, so take enough cash to cover the expenses of the hut, food, traveling, and other small expenditures. ✓ Lodging charge (applicable for all huts on Fujinomiya route): 5,500 yen without meals, 7,500 yen with two meals, and an additional 1,000 yen is charged for the stay on Saturday. ✓ Huts are also used for getting short breaks, food and drinks, using the restroom facilities, and getting the climbing sticks branded. ✓ Take precaution to be quiet near the mountain huts if you are climbing straight through at night, as there are people staying there for the following day's climb.
Mountain-Clothing	<ul style="list-style-type: none"> ✓ Weather changes quickly on the mountain. The temperature gets very high during the day and drops quickly at night and in bad weather. Wear clothes in layers to be able to regulate your body temperature easily depending on various conditions. Rain can occur at any time, be prepared with full rain gear (top and bottom) which protects you from the rain, cold temperature, and strong winds as well. ✓ The sunlight is stronger on the mountain, so it is good to wear long sleeved shirts, long trousers, headgear and sunglasses. ✓ Your shoes should be comfortable mountaineering boots or trekking shoes with a thick sole that has no gaps for small gravel or sand to get caught in.
Off Season Climbing	<ul style="list-style-type: none"> ✓ If you wish to climb in the off-season, you must submit a climbing plan sheet to a local police office or drop it at the post at the 5th station of Mt. Fuji. ✓ But remember the plan sheet is NOT an approval for the climb; rather you climb at your own risk. Climbing plan sheets are available at Shin-Fuji Station Tourist Information Center. ✓ Mountain huts and shops are NOT open during the off-season. The road to the 5th station is closed from late November until late April next year.
Notes	<ul style="list-style-type: none"> ✓ Conserve the nature of Mt. Fuji. Bring your garbage back with you when you descend. ✓ Refrain from writing graffiti, piling up stones, or other destructive activities that spoil the natural environment. ✓ Pets are not allowed on the mountain.